

# EQ IMPACT Leadership Circle

<b>EQ Impact Commences:</b>	Tuesday, February 17, 2026
<b>EQ Impact Concludes:</b>	Tuesday, December 15, 2026
<b>Zoom Meeting Time:</b>	US / Canada Time (Tuesdays): ET 5.00-6.30PM, CT 4.00-5.30PM, MT 3.00-4.30PM, PT 2.00-3.30PM, Australian Time (Wednesdays): 9.00-10.30AM
<b>Number of Meetings:</b>	12
<b>Group Size:</b>	Capped at 8 members
<b>Prerequisite:</b>	Ideal for SME owners and leaders who influence people and are committed to emotionally intelligent leadership.
<b>What you need to bring:</b>	An open heart and mind, a readiness to grow, and a genuine desire to support others as you all elevate your leadership and your businesses.
<b>Circle Facilitator:</b>	Susan Judd

SESSIONS	TOPIC/TASK	DURATION	DATE
1	EQ Identity & Psychological Safety (Kickoff)	1.5 Hrs	Feb 17, 2026
1-2	Genos Report Debrief and 1:1 Goal setting coaching session	1 Hr	Feb 18 - Mar 16
2	Above the Line Leadership - Learning Burst & 2 Hot Seats	1.5 Hrs	Mar 17, 2026
3	Ladder of Inference + Assumption Awareness - Learning Burst & 2 Hot Seats	1.5 Hrs	Apr 14, 2026
4	Guest Speaker #1 + SCARF Model for Leadership - Guest Speaker segment + Hot Seats	1.5 Hrs	May 12, 2026
4-5	1:1 Executive Coaching session	1 Hr	May 14 - Jun 8, 2026
5	Leadership Communication & Behavioural Agility - Learning Burst & 2 Hot Seats	1.5 Hrs	Jun 9 2026
6	Courageous Conversations - Learning Burst & 2 Hot Seats	1.5 Hrs	Jul 7, 2026
7	Emotional Regulation Under Pressure - Learning Burst & 2 Hot Seats	1.5 Hrs	Aug 4, 2026
7-8	1:1 Executive Coaching session	1 Hr	Aug 5 - Aug 31, 2026
8	Guest Speaker #2 + Delegation, Empowerment & Boundaries - Guest speaker + Hot Seats	1.5 Hrs	Sep 1, 2026
9	Bias & Decision-Making - Learning Burst & 2 Hot Seats	1.5 Hrs	Sep 29, 2026
10	Leadership Habits & Behaviour Design - Learning Burst & 2 Hot Seats	1.5 Hrs	Oct 27, 2026
10-11	Your Team Emotional Culture Survey 1:1 Goal setting coaching session	1 Hrs	Oct 28 -Nov 30
11	Culture Survey Insights + Leadership Application - Learning Burst + Hot Seats	1.5 Hrs	Dec 1, 2026
12	Leadership Identity Reset	1.5 Hrs	Dec 15, 2026

## CONTACT DETAILS



Susan Judd  
m: +61 400 019 700  
e: [susan@hrculture.com.au](mailto:susan@hrculture.com.au)

NOTE: Dates are subject to change.  
Minimum of 6 participants required to commence.