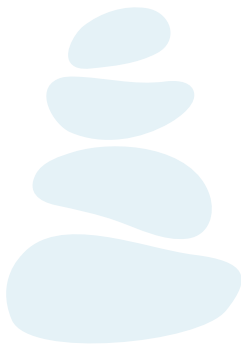


Workplace *The Art of Creating A Collaborative and Cohesive Team* Zen

Available Formats

In-Person or Virtual
30 min | 45 min | 60 min | 90 min

Tired of miscommunication and tension making your workday harder than it needs to be? In this engaging talk, we'll dive into how you can contribute to a more collaborative, stress-free team environment. With practical tools and insights, you'll learn how to communicate more clearly, resolve conflicts smoothly, and work better with your colleagues—all while fostering mutual respect and a sense of shared success. Whether you're looking to improve teamwork or just make your workday a little easier, this talk will give you the skills to create a more harmonious workplace where everyone thrives together. You'll walk away with...



1. Improved Communication Skills: Learn techniques to communicate more clearly and effectively with coworkers, reducing misunderstandings and friction.
2. Conflict Resolution Strategies: Discover practical methods for navigating and resolving workplace conflicts, leading to smoother, more positive interactions.
3. Enhanced Collaboration: Gain insights on how to work better with others, fostering stronger collaboration and teamwork.
4. Building Mutual Respect: Develop the tools to cultivate respect and trust with coworkers, creating a more supportive and unified workplace.
5. Personal Empowerment: Feel more confident in your ability to positively influence team dynamics, regardless of your role within the organization.

Meet *Susan Judd*

**The People Harmonizer | Emotional
Intelligence Speaker, Facilitator & Coach**



Susan Judd, founder of HR Culture, has dedicated over 12 years to transforming workplace environments through emotional intelligence and wellbeing programs tailored for small and medium-sized businesses. Since becoming a Certified Practitioner with Genos International in 2012, Susan has brought impactful emotional intelligence strategies to organizations across Australia and the United States, helping leaders enhance their influence, resilience, and overall workplace culture. In 2024, Susan was recognised by Genos International for her exceptional contributions to the field of Emotional Intelligence, cementing her position as a global voice in the Emotional Intelligence movement.

Through her brand, Dare to Care, launched in 2019, Susan continues to deliver high-quality Emotional Intelligence training, inspiring leaders to foster greater empathy, adaptability, and collaboration. In addition to her training programs, she provides executive coaching to professionals who aim to elevate their leadership effectiveness through emotional intelligence. With more than 25 years of experience spanning industries such as financial services, manufacturing, retail, and sales, Susan's expertise bridges HR strategy and people-centered leadership, making her a vital resource in building engaged, emotionally intelligent workplaces.